

convenience, consistency, commissary

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Gluten Free Product Range 2011

Prices are correct at time of printing but can change without notice.

For detailed information sheets on coeliac food requirements and other dietary requirements please contact us.
MINIMUM ORDER FOR PRODUCTS \$150 (CAN BE ADDED TO CHEF'S PANTRY ORDER)

FOR FURTHER INFORMATION AND ADVISE PLEASE CONTACT DANIEL GRUNFELD - 0418 377 608

Note all our fresh cut / prepared vegetable lines, sandwich lines and cut fruit are gluten free.

NEW GLUTEN FREE DIPS FROM POSEIDON

70 day shelf life - Unbeatable price - buy 12 buckets and save 6%

Hummus Dip	2 kg	17.50 ea
Tzatziki	2 kg	17.50 ea
Avocado	2 kg	17.50 ea
Guacamole	2 kg	17.50 ea
Caviar	2 kg	17.50 ea
Spicy Capsicum	2 kg	17.50 ea
Eggplant	2 kg	17.50 ea
Beetroot Tzatziki	2 kg	17.50 ea
Roasted Garlic Hummus	2 kg	17.50 ea
Salmon & Avocado	2 kg	17.50 ea



PESTO

Basil Pesto	2 kg	22.85 ea
Sundried Tomato Pesto	2 kg	22.85 ea



GREEK STYLE NATURAL YOGHURT - not sweetened - 42 day shelf life

Thick Yoghurt	3 x 2 kilo tub	29.00 box
Thick Yoghurt	10 kilo tub	38.80 ea

CREAMY NATURAL YOGHURT - not sweetened - 42 day shelf life

Creamy Yoghurt	3 x 2 kilo tub	25.30 box
Creamy Yoghurt	10 kilo tub	33.15 ea

Sweet Yoghurt

Sweet Yoghurt	3 x 2 kg	38.50 box
Sweet Yoghurt	10 kg	37.50 ea



Greek Style Yoghurt 500 gm (6 per pack)

Traditional Greek Style	6 x 1 kg	34.60 ea
Low Fat Greek Style	6 x 1 kg	35.15 ea
No Fat Greek Style	6 x 500 gm	22.00 ea
Breakfast Low Fat	6 x 500 gm	22.00 ea
Vanilla Bean Greek Style Yoghurt	6 x 500 gm	22.00 ea





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DIP RANGE – AUSTRALIAN VEGIE GOURMET

Thai Carrot dip / sauce	2.3 kg	28.20 pail
Moroccan Lentil dip	2.3 kg	28.20 pail - GF
Hummus (tahini + chickpea)	2.3 kg	27.80 pail
Italian Capsicum + Eggplant dip	2.3 kg	28.20 pail
Baba Ganoush (smoked Eggplant dip)	2.3 kg	28.20 pail
Spinach (Popeye) & Nuts	2.3 kg	28.20 pail - GF
Carrot, Pumpkin + Coriander	2.3 kg	28.20 pail
Salsa dip / sauce	2.3 kg	28.20 pail
Beetroot Roasted	2.3 kg	28.20 pail
Kalamata Olive -	2.3 kg	38.00 pail - GF
Sundried Tomato, basil + Almonds	2.3 kg	33.60 pail - GF
Garlic + Chive + Parsley	2.3 kg	33.60 pail - GF
Smoked Salmon Dip	2.3 kg	34.60 pail
Smoked Trout Dip	2.3 kg	34.60 pail
Guacamole Creamy	2.3 kg	37.00 pail - GF
Roasted French Onion	2.3 kg	33.60 pail - GF



CHUNKY DIPS

Spinach & Roasted Garlic chunky	2.3 kg	52.00 pail - GF
Tomato + Chilli chunky	2.3 kg	52.00 pail - GF

PESTO & PASTE – AVG – GLUTEN FREE + DAIRY FREE (VEGAN)

Bundaberg fresh basil pesto	2 kilo pail	35.5 pail
Sun Dried Tomato pesto	2 kilo pail	35.50 pail
Coriander pesto	2 kilo pail	35.50 pail
Harissa Paste	2.3 kilo	43.50 pail

TAPENADE – GLUTEN FREE + DAIRY FREE

Kalamata olive tapenade	2 kilo pail	32.50 pail
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Gourmet Soup Range (frozen) - Gluten Free Product

For a simple variation to the soup just add curry powder

Minestrone Soup (herbs)	2 litre bags x 5 box	6.50 litre
Sweet Potato & Pumpkin Soup	2 litre bags x 5 box	6.50 litre
Potato & Leek Soup	2 litre bags x 5 box	6.50 litre
Potato Leek & Spinach Soup	2 litre bags x 5 box	6.50 litre
Pumpkin Soup	2 litre bags x 5 box	6.50 litre
Spring Vegetable Soup	2 litre bags x 5 box	6.50 litre
Lentil Vegetable Soup	2 litre bags x 5 box	6.50 litre
Mushroom + Chive Soup	2 litre bags x 5 box	6.50 litre



STOCK, JUS, DEMI & SAUCES

PRODUCT	INNER PER CARTON	PRICE
Veal Stock Premium - Fonds De Veal - 15 brix	9 x 2 kg	13.95 kg
Beef Stock Premium - Fonds Brun - 15 brix	9 x 2 kg	13.95 kg
Chicken Classic Stock	9 x 2 kg	11.90 kg
Vegetable Classic Stock	9 x 2 kg	10.50 kg
Fish Classic Stock	9 x 2 kg	9.60 kg
Lobster American Sauce	12 x 1 kg	15.80 kg
Brown Sauce / Demi Glaze	12 x 1 kg	20.50 kg
Red Wine Sauce (shelf stable)	10 x 1 kg	14.50 kg
Green Peppercorn & Brandy Sauce (shelf stable)	10 x 1 kg	15.00 kg
Porcini & Thyme Sauce (shelf stable)	10 x 1 kg	18.60 kg
Asian Master Stock (shelf stable)	10 x 1 kg	18.60 kg

WET DISH, CURRY & CASSEROLE RANGE

(fully cooked + most lines are gluten free just reheat) 2 days notice.

We can make most curries and other wet dishes or bulk meals on request.

We can also pack in 5 kilo bags on request.

CHICKEN

Chicken in Wine Casserole	5 x 2 kg bags	17.80 kg* - 3.10 per serve
Butter Chicken + Vegetables	5 x 2 kg bags	17.80 kg*
Tikka Masala + Vegetables	5 x 2 kg bags	17.80 kg*
Thai Green Chicken + Vegetables	5 x 2 kg bags	17.80 kg*
Thai Red Chicken + Vegetable Curry	5 x 2 kg bags	17.80 kg*
Thai Yellow Chicken + Vegetable Curry	5 x 2 kg bags	17.80 kg*

BEEF

Beef Bourguignon	5 x 2 kg bags	17.80 kg*
Thai Red Curry Beef + Vegetable	5 x 2 kg bags	17.80 kg*
Rendang Beef + Vegetable	5 x 2 kg bags	17.80 kg*
Beef + Vegetable Rendang	5 x 2 kg bags	17.80 kg*
Madras Beef + Vegetable Curry	5 x 2 kg bags	17.80 kg*
Meatballs in Napoli sauce (mushroom sauce)	5 x 2 kg bags	17.80 kg
Chilli Con Carne	5 x 2 kg bags	8.80 kg
Sheppard's Pie	2.6 kilo tray	33.00 tray

LAMB

Lamb + Vegetable Roghan Josh	5 x 2 kg bags	17.80 kg*
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VEGETARIAN MEALS

Chick Pea Masala	5 x 2 kg bags	17.80 kg*
Eggplant & Sweet Potato Masala	5 x 2 kg bags	17.80 kg*
Yellow Lentil Dahl	5 x 2 kg bags	17.80 kg*
Thai Yellow Vegetable Curry	5 x 2 kg bags	17.80 kg*
Thai Red Pumpkin Curry	5 x 2 kg bags	17.80 kg*
Moroccan Chickpea & Vegetable Tagine	5 x 2 kg bags	17.80 kg*

Falafel balls (cooked) Gluten free 2 x 2.5 kg (30 ea per kg) \$18.00 kg

OTHER BALLS (COOKED - NOT CRUMBED) – GLUTEN FREE

Bite Me Beef Balls (cooked)	3 x 2 kg (35 ea per kg)	\$15.80 kg
Bite Me Thai chicken balls (cooked)	3 x 2 kg (35 ea per kg)	\$15.80 kg
Bite Me Moroccan Lamb Balls (cooked)	3 x 2 kg (35 ea per kg)	\$15.80 kg



FULLY COOKED MEAT LINES

2 days notice required on these product. Gluten Free Products

Roast Beef Porterhouse (cooked medium rare) (sous vide) 17.50 kilo

Peppered Porterhouse 2.8 - 3.8 kg approx

Roast Beef cooked medium (sous vide) 18.90 kg

Silverside / Bolar Blade Cut 3.5 - 5.5 kg approx

Roast Beef cooked medium (sous vide) 20.50 kg

Denuded Sirloin 2 kg - 3.2 kg approx

Roast Pork (sous vide) 16.80 kg

Leg / Shoulder Bone in or bone out 3.3 kg - 4.6 kg approx

Pork Loin (sous vide) 22.50 kg

Roast Lamb (sous vide) (cooked medium rare) 20.50 kg

Leg, boneless and rolled into netting - 2.2 - 3.2 kg approx

Seasoned with rosemary or mint

Souvlaki Spiced + Cooked Lamb (sous vide) 20.00 kg

Moroccan Spiced Cooked Lamb (sous vide) 20.00 kg

Smoked Ham (sous vide) 15.80 kg

Leg bone in or boneless 3.3 - 4.6 kg



SAUSAGES + SMALLGOODS

For Gourmet Sausage lovers only - Redlich Snags, Fully Cooked - no weight loss - 5-week shelf life,

All Sausages are **Gluten Free**

Cooked Gourmet Sausages 100 gram ea (approx) 5 weeks shelf life

Frankfurts skinless	8in blanched	10 x 1 kg - 15 per kg	9.55 kg
Frankfurts skinless	10in blanched	2.5 kg (25 units)	11.65 kg
Frankfurt skin on	10in blanched	2.5 kg (25 units)	11.65 kg
Frankfurt low fat		6 x 1kg (15 units)	11.65 kg
Weistwurst Blanched		6 x 1kg	14.95 kg - 1.14ea
Honey Soy Blanched		6 x 1kg	14.95 kg
Hungarian Bratwurst Blanched		6 x 1kg	14.95 kg
Debreciner Blanched		6 x 1kg	14.95 kg
Hot Bratwurst Blanched		6 x 1kg	14.95 kg
Old Style Bratwurst Blanched		6 x 1kg	14.95 kg
Merguez / Chorizo Blanched		6 x 1kg	14.95 kg
Chicken + Sage Blanched		6 x 1kg	14.95 kg
Italian Pork Sausage blanched		6 x 1kg	14.95 kg
Chicken Satay Blanched		6 x 1kg	14.95 kg
Lamb + Mint Blanched		6 x 1kg	14.95 kg



Traditional Sausages (gluten free) 5 weeks shelf life

Kranskje Blanched	6 x 1 kg ctn	15.90 kg
Provincial Herb Sausage (round)	6 x 1 kg ctn	15.80 kg
Debreciner Blanched 90gm	6 x 1 kg ctn	15.90 kg
Chorizo Blanched (110g)	6 x 1 kg ctn	15.25 kg
Cheese Kranskje Blanched	6 x 1 kg ctn	15.90 kg
Kabana Blanched	6 x 1 kg ctn	13.40 kg

Chippolatas Cooked (gluten free) 5 weeks shelf life (33gm-30 per kg)

Debreciner Chippolatas Blanched	6 x 1kg	15.95 kg
Ham + Cheese Chippolatas Blanched	6 x 1kg	15.95 kg
Weistwurst Chippolatas Blanched	6 x 1kg	15.95 kg
Chicken Chippolatas Blanched	6 x 1kg	15.95 kg
Roast Chicken Chippolatas (natural skin)	6 x 1 kg	15.95 kg



Lorgen Redlich Ham's - 2 days notice on some products (purchase by the piece)

Kassler	1 - 1.5 kg ea	22.65 kg
Smoked Hocks	1.1 kg ea	8.95 kg
Smoked Pork Neck	0.75-1 kg ea	18.45 kg
Schinkenfleisch	1 - 1.2 kg ea	22.65 kg
Kaiserfleisch	450gm ea	17.45 kg
Prager Ham	5.5 - 6 kg ea	22.90 kg
Prager Ham ½	2.5 - 3 kg ea	22.90 kg
Gypsy Ham	4.5 - 5 kg ea	22.90 kg
Gypsy Ham ½	2 - 2.5 kg ea	22.90 kg
Gypsy Nut Ham	1.2 - 3 kg ea	22.90 kg
Ham Deluxe Nut	1.2 - 3 kg ea	22.90 kg
Presswurst	1.2 - 1.5 kg ea	14.95 kg
Presswurst Hot	1.2 - 1.5 kg ea	14.95 kg
Pressed Tongue	1.2 - 1.5 kg ea	22.60 kg
Pork Spare Rib		14.50 kg
Ham on the Bone (10kg)		14.65 kg
Boneless Ham on the bone		14.70 kg
Netted Pork Loin		24.62 kg
Boneless Ham - Hock On		24.15 kg
Shoulder Ham		13.95 kg



Whole Egg Mayonnaise - dairy free & gluten free - 20 litre pails 90.00 pail

FROZEN FRUIT- A GRADE FROZEN FRUIT - GLUTEN FREE - BERRY KING

Raspberries	5 X 1 Kg	15.50 kg
Blueberries	5 X 1 Kg	15.50 kg
Blackberries	5 X 1 Kg	15.50 kg
Strawberries	5 X 1 Kg	15.50 kg
Cranberries	5 X 1 Kg	15.50 kg
Mango Cheeks	5 X 1 Kg	15.50 kg
Black Currants	5 X 1 Kg	15.50 kg
Red Currants	5 X 1 Kg	15.50 kg
Loganberries	5 X 1 Kg	15.50 kg
Mixed Berries	5 X 1 Kg	15.50 kg
Sweet Red Dark Cherries	5 X 1 Kg	15.50 kg



FROZEN FRUIT IQF (Individually Quick Frozen) 10 KILO BOXES

Blackberries IQF	1kg X 10	8.20 Kg
Blueberries IQF Cultivated	1kg X 10	16.00 Kg
Boysenberries IQF	1kg X 10	14.00 Kg
Cherries IQF Sour & Pitted	1kg X 10	8.20 Kg
Cranberries IQF	1kg X 10	8.20 Kg
Mango Cheeks Australian	1kg X 10	16.00 Kg
Mango Cheeks Diced Imported	1kg X 10	10.40 Kg
Mixed Berries	1Kg X 10	11.80 Kg
Raspberries IQF	1kg X 10	11.30 Kg
Strawberries IQF	1kg X 10	7.90 Kg
Avocado Pulp	1kg X 12	17.00 Kg
Banana Puree	1kg X 12	9.20 Kg



FRUIT PUREES - UNSWEETENED - ALL GLUTEN FREE - BERRY KING

Strawberry puree	1 kg tub	12.00 kg
Mango puree	1 kg tub	10.60 kg
Raspberry seedless (s.u.r.p) puree	1 kg tub	15.00 kg
Blackberry seedless (b.u.s.p.) puree	1 kg tub	15.00 kg
Passionfruit seedless puree	1 kg tub	15.00 kg
Passionfruit pulp with seed in puree	1 kg tub	10.60 kg
Black currant seedless puree	1 kg tub	19.50 kg



RELISH, CHUTNEYS, PICKLES + CURRY PASTES - ALL GLUTEN FREE - BERRY KING

Bread & Butter Pickles	1 litre	20.80	4 litre	94.50
Chunky Beetroot Relish	1 litre	20.80	4 litre	77.50
Cousin Geoff's Favourite Relish	1 litre	20.80	4 litre	94.50
Cranberry, Chilli Plum Relish	1 litre	20.80	4 litre	77.50
Hot 'N Spicy Tomato & Apple Chutney	1 litre	20.80		
Mild Fruit Chutney	1 litre	20.80		
Mango Peach Chutney	1 litre	24.80	4 litre	71.50
Tomato Relish	1 litre	20.80		
Green Curry Paste (Thai style)	1 litre	20.80		
Laksa Paste	1 litre	20.80		
Korma Paste	1 litre	20.80		
Red Curry Paste (Indian style)	1 litre	20.80		
Bengal Chutney (hot)	1 litre	20.80		
Brinjal Pickle (hot)	1 litre	20.80		
Hot Chilli Sauce (hot)	1 litre	20.80		
Hot Plum Chutney (hot)	1 litre	24.80		
Mango Chutney (mild with nuts)	1 litre	24.80		
Tomato Kasoundi (hot)	1 litre	20.80	4 litre	71.50



JAMS + MARMALADES - ALL GLUTEN FREE - BERRY KING

Oxford Four Fruits Marmalade	6 X 500 ml	8.80 ea		
Seville Marmalade	6 x 500 ml	8.80 ea		
Apricot Jam	1 litre	15.50 kg		
Apricot, Almond & Amaretto Jam	1 litre	15.50 kg		
Blackberry Jam	1 litre	15.50 kg		
Blackcurrant Jam	1 litre	15.50 kg		
Blood Plum Jam	1 litre	15.50 kg		
Blueberry & Passionfruit Jam	1 litre	15.50 kg		
Boysenberry Jam	1 litre	15.50 kg		
Fig & Ginger Jam	1 litre	15.50 kg		
Just Fig Jam	1 litre	16.80 kg		
Strawberry Jam	1 litre	15.50 kg		
Seedless Raspberry Jam	1 litre	19.90 kg		
Apricot Marmalade	4 litre	53.75 kg		
Blackberry Jam	4 litre	53.75 kg		
Boysenberry Jam	4 litre	53.75 kg		
Fig & Ginger Jam	4 litre	53.75 kg		
Raspberry Jam	4 litre	53.75 kg		
Strawberry Jam	4 litre	53.75 kg		



BREAKFAST LINES

BROOKFARM MACADAMIA MUESLI

8505	Gluten Free Macadamia Muesli	GF	1kg	6 x 1	25.50 per bag
8511B	Gluten Free Mac Muesli Single Serve Tubs	GF	75g	12 x 1	2.45 per bag



STAGG CHILLI – CHILLI CON CARNE – A10 CAN 3 KG STAGG CHILLI IS GLUTEN FREE

Stagg Chilli with beans \$18.90 tin or \$5.63 per kilo - 0.94 per serve

This product is not hot and has a very mild chili flavor (ask for a sample)



HORMEL FOODS – REAL CRUMBLED BACON (30% less fat)

MADE FROM OVER 2 KILO OF BACON

Perfect for Caesar Salads, Potato Toppings, Oysters Kilpatrick, Carbonara Sauce, Bacon Bruchetta, Nachos, or cooking with.

12 x 567 grams per box - shelf stable for 1 year

Sold per carton - \$13.60 per pack

COOKIES

Gluten Free Almond Toffee	29gm	8 x 40	\$54.50	\$1.36
Gluten Free Florentines		8 x 36	\$46.00	\$1.28
Gluten Free Peanut Toffee		8 x 40	\$51.30	\$1.28
Gluten Free Triple Choc Bites		8 x 200 adv	\$35.80	\$0.18
Gluten Free Peanut Toffee pc		8 x 50	\$66.00	\$1.32

CAKE LINES

7cm GATEAUX, TARTS, SLICES + MOUSSE PRODUCTS

PORTION CONTROL PERFECTION - 2 days notice

Gateaux 7CM	Orange Flourless	3.20 ea
7CM	Chocolate Flourless	3.20 ea

Flourless Cakes

11 inch	Flourless Chocolate	49.00 ea
11 inch	Flourless Jaffa Cake	45.75 ea
11 inch	Flourless Cappuccino	45.75 ea
11 inch	Flourless Orange	45.75 ea
11 inch	Passionfruit Butter	45.75 ea

GLUTEN FREE FOODS - FROZEN PRODUCTS

Code	Description	Weight	Units per Box	Per ea	per box
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Pasta - Shelf Life - 6 months

BL250	Beef Lasagna	250gm	6	4.66	27.97
PSL250	Pumpkin and Spinach Lasagna	250gm	6	4.66	27.97
BC200	Beef Cannelloni with Napolitana sauce	200gm	6	4.66	27.97
SRC200	Spinach & Ricotta Cannelloni	200gm	6	4.66	27.97

Savoury Rolls - Shelf Life - 6 months

SR1	Large Sausage Rolls	150gm	12	3.01	36.11
SRR1	Large Spinach & Ricotta Rolls	150gm	12	3.01	36.11

Pies - Shelf Life - 6 months

MP220	Meat Pie (Dairy & Egg Free)	160gm	8	4.19	33.51
CVP220	Chicken & Vegetable Pie (Egg Free)	160gm	8	4.19	33.51
CAP220	Chicken & Asparagus Pie (Egg Free)	160gm	8	4.19	33.51
TCP220	Thai Chicken Pie (Dairy & Egg Free)	160gm	8	4.19	33.51
VP220	Vegetable Pastie Pie (Dairy & Egg Free)	160gm	8	4.19	33.51



Quiche - Shelf Life - 6 months

SCQ150 Spinach & Cheese Quiche	150gm	8	3.95	31.62
QL150 Quiche Lorraine	150gm	8	3.95	31.62
PLQ150 Pumpkin & Leek Quiche	150gm	8	3.95	31.62

**Party Packs - Shelf Life - 6 months**

MP210 Party Pies (6 pieces)	180gm	1	8.20	8.20
VP210 Vegetable Pastie Pies (6 pieces) (Fructose, Dairy & Egg Free)	180gm	1	8.20	8.20
QL180 Quiche Lorraine (6 pieces)	180gm	1	8.20	8.20
AQ180 Assorted Quiche (6 pieces)	180gm	1	8.20	8.20
SRR9 Mini Spinach & Ricotta Rolls (12 pieces)	400gm	1	9.74	9.74
SR9 Mini Sausage Rolls (12 pieces)	400gm	1	9.74	9.74
IKP Classic Party Pack - 2 Party Meat Pies, 2 Mini Quiche Lorraine and 6 Party Sausage Rolls	400gm	1	9.74	9.74
IVP Vegetarian Party Pack - 2 Vegetable Pastie Pies, 6 Spinach & Ricotta Rolls and 2 Pumpkin & Leek Quiche	400gm	1	9.74	9.74

Pizza Slice - Shelf Life - 6 months

HPP130 Ham & Pineapple Pizza Slice	130gm	10	2.83	28.32
VPS130 Vegetarian Pizza Slice	130gm	10	2.83	28.32
PBL * Family Size Pizza Base with sauce	400gm	12	3.48	41.77

**Sweet Tart Shells - Dairy Free - Shelf Life - 6 months**

STS12 * Sweet Tart Shells (Jam Tart Size) 12 pk	180	4	7.02	28.08
STS4 * Sweet Tart Shells with Lids (Idv Pie Size) 4 pk	270	4	7.02	28.08
STS2 * Sweet Tart Shells with Lids (Family Size) 2 pk	250	4	7.02	28.08

Puff Pastry Shells - Dairy & Egg Free - Shelf Life - 6 months

PPS12 * Puff Pastry Cases with Lids(Party Pie Size) 12 pk	240	4	7.02	28.08
PPS4 * Puff Pastry Cases with Lids (Idv Pie Size) 4 pk	270	4	7.02	28.08
PPS2 * Puff Pastry Cases with Lids (Family Size) 2 pk	250	4	7.02	28.08

Pastry Sheets - Dairy & Egg Free - Shelf Life - 6 months

PPS * Savoury Puff Pastry Sheets	700gm	12	8.44	101.24
SPS * Sweet Pastry Sheets	700gm	12	8.44	101.24
MPS * Mixed Pastry (4 Sweet & 8 Savoury)	700gm	12	8.44	101.24

Frozen Cakes - Shelf Life - 6 months

C220 Carrot Cake Slab	220gm	16	4.66	74.58
BC220 Banana Cake Slab	220gm	16	4.66	74.58
OC220 Orange Cake Slab	220gm	16	4.66	74.58
CC220 Chocolate Cake Slab	220gm	16	4.66	74.58
RL200 Raspberry Lamingtons - Jam filled - 6 per pack	200gm	16	4.90	78.35
CL200 Chocolate Lamingtons - Jam filled - 6 per pack	200gm	16	4.90	78.35
BCC150 Baby Chocolate Cakes - various decorations	150gm	16	5.84	93.46
GFRB400 Rumballs	400gm	16	4.90	78.35

**Cheesecakes - Shelf Life - 6 months**

PCC150 Passionfruit Cheese Cake (Single Serve)	150gm	4	4.13	16.52
LCC150 Lemon Cheese Cake (Single Serve)	150gm	4	4.13	16.52
WCC150 Wild Berry Cheese Cake (Single Serve)	150gm	4	4.13	16.52

**Sweet Pies - Dairy Free - Shelf Life - 6 months**

ACP160 Apple & Cinnamon Pie	160gm	8	3.01	24.07
ARP160 Apple & Raspberry Pie	160gm	8	3.01	24.07
APP160 Apricot Pie	160gm	8	3.01	24.07

Retail Products

Confectionary - Shelf Life - 4-6 months

CD200	Chocolate Drops	200gm	5	5.25	26.26
OCD200	Orange Drops	200gm	5	5.25	26.26
SA200	Scorched Almonds	200gm	5	5.25	26.26
MD80	Marshmallow Ducks	80gm	5	4.07	20.36
MH80	Pink & White Strawberry Marshmallow Hearts	80gm	5	4.07	20.36

Cookies - Shelf Life 6 months

FT200	Mini Florentines	220gm	6	6.84	41.06
IG220	Mini Iced Gingerbreads	220gm	6	7.91	47.44
MJS220	Mini Jam Shortbreads	220gm	6	5.96	35.75
VYY220	Mini Vanilla Yo Yo's	220gm	6	5.96	35.75
TCC220	Mini Triple Chocolate Cookies	220gm	6	5.19	31.15
WMAC220	Mini White Chocolate & Macadamia	220gm	6	5.19	31.15
CO220	Mini Cranberry & Orange Cookies	220gm	6	5.19	31.15

Cakes - Shelf Life - 4 weeks

MC700	8" Chocolate Mud Cake	700gm	1	11.74	11.74
DFMC700	8" Dairy Free Chocolate Mud Cake	700gm	1	11.74	11.74

Premixes - Shelf Life - 12 months

DMPK400	Donut Mix	400gm	8	3.60	28.79
MPPK400	Mini Pancake Mix	400gm	8	3.60	28.79
CCPK400	Cheesecake Mix	390gm	8	4.31	34.46

**Cookies - Shelf Life - 6 months**

TCC60	Triple Choc Cookies	60gm	12	1.77	21.24
WMAC60	White Chocolate & Macadamia Cookies	60gm	12	1.77	21.24
JSBH60	Jam Shortbread Hearts	60gm	12	1.77	21.24
VYY60	Vanilla Yo-Yo's	60gm	12	1.77	21.24
CO60	Cranberry & Orange Cookies - 50gm (Low Fat)	50gm	12	1.77	21.24
MC60	Muesli Cookies	60gm	12	1.77	21.24

**Gingerbreads - Shelf Life - 4 months**

EEGB	Easter Egg Cookie (Only available at Easter time)	60gm	10	3.84	38.35
HGB	Heart Cookie	60gm	10	3.84	38.35
FGB	Flower Cookie	60gm	10	3.84	38.35

Slice - Shelf Life - 6 weeks

CB60	Chocolate Brownie Slice (Referigerated)	60gm	15	1.77	26.55
LS60	Lemon Slice (Referigerted)	60gm	15	1.77	26.55
CN60	Caramel Nut Slice (Referigerted)	60gm	15	1.77	26.55
AAM40	Apricot and Almond Slice (Egg Free)	60gm	15	1.77	26.55
DAM40	Date & Apple Muesli Slice (Egg Free)	60gm	15	1.77	26.55

Rocky Road - Shelf Life - 4 months

DRR60	Dark Chocolate Rocky Road (Dairy Free)	60gm	10	1.77	17.70
WRR60	White Chocolate Rocky Road	60gm	10	1.77	17.70

Tarts - Shelf Life - 6 weeks

RT	Raspberry Tarts (Dairy Free)	30gm	18	1.48	26.55
LT	Lemon Tarts (Dairy Free)	30gm	18	1.48	26.55
TCDB	Lemon Tarts & 8 Raspberry Tarts	30gm	18	1.48	26.55

Cup Cakes - Shelf Life - 2 weeks

DFMC120 Dairy Free Mud Cake (<i>Dairy Free</i>)	120gm	6	2.18	13.10
MC120 Chocolate Mud Cake	120gm	6	2.18	13.10
BC120 Banana Cake	120gm	6	2.18	13.10
CC120 Carrot Cake	120gm	6	2.18	13.10

Muffins - Shelf Life - 2 weeks

BM150 Blueberry	110gm	6	2.18	13.10
LLM150 Lemon and Lime Custard Muffin	110gm	6	2.18	13.10

PUDDINGS

These puddings are moist and rich, they heat well and you can top or pour any sauce onto them with great effect. They freeze well and can be served in a matter of minutes.

The surprise is that they are gluten free. Sell them as flourless. 100 gram product and great portion control.

Chocolate Pudding	100 gram x 32	2.65* ea
Sticky Citrus Pudding	100 gram x 32	2.65* ea
Sticky Date Delight	100 gram x 32	2.65* ea
Butterscotch Sauce	4 x 2 lt	20.50 kg



Gluten free stock powders – specifications available

Massel Brand

Beef Booster - Gluten free	2.5 kg tin	\$34.85 tin
Chicken Booster - gluten free	2.5 kg tin	\$34.85 tin
Demi Glaze - Gluten free	2 kg tin	\$34.85 tin

GLACI-GEL 2640 STARCH / BINDER - gluten free - 25 kilo bag \$70.00 per bag

SMALLER AMOUNTS AVAILABLE

DESCRIPTION: Glaci-Gel 2640 is a gluten free food grade modified tapioca starch. It is a fine free flowing white powder, free from lumps, and foreign matter with a neutral flavour, odour and bland taste.

USE: Glaci-Gel 2640 starch is designed for use in pastry cooking applications, Frozen & pre packaged foods, desserts and dairy products, Meat pies, acidic sauces, soups, dressings & plant bakeries. Specification is available on request.

	Size	Weight	UPC	Price per inner =GST	
Gluten Free - Cafe specialities					
Pavlova Single Serve 9cm,	9cm round	40g	9 ea x 10	13.00	0.14
Apple & rhubarb	7cm round	100g	16 ea x 4	32.00	2.00
Orange & almond	7cm round	60g	16 ea x 4	32.00	2.00
Apricot & custard	7cm round	120g	16 ea x 4	32.00	2.00
Apple & blueberry	7cm round	100g	16 ea x 4	32.00	2.00
Banana & cream cheese	7cm round	110g	16 ea x 4	32.00	2.00
Fig & pistachio	7cm round	120g	16 ea x 4	32.00	2.00
Muffin choc & choc chip	Texas	150g	12 ea x 4	24.00	2.00
Muffin wild berry	Texas	150g	12 ea x 4	24.00	2.00
Muffin apple & cinnamon	Texas	150g	12 ea x 4	24.00	2.00
Lamington chocolate	8x6x4cm	120g	24 ea x 4	35.00	1.46



Gluten Free - Gourmet Cakes 26cm (10 1/2 ")					
Dark chocolate mud cake	26cm round	~3.0kg	1 ea x 4	39.00	
Tiramisu	26cm round	~2.5kg	1 ea x 4	39.00	
Fig & pistachio cake,	26cm round	~2.5kg	1 ea x 4	36.00	
Orange & almond cake,	26cm round	~2.0kg	1 ea x 4	36.00	
Cheesecake baked	26cm round	~2.3kg	1 ea x 4	36.00	
Blueberry cheesecake baked,	26cm round	~2.5kg	1 ea x 4	39.00	
Apple & rhubarb cake,	26cm round	~2.5kg	1 ea x 4	36.00	
Sacher torte,	26cm round	~2.0kg	1 ea x 4	36.00	
Banana & passionfruit cake,	26cm round	~2.5kg	1 ea x 4	36.00	
Carrot & pineapple cake,	26cm round	~2.5kg	1 ea x 4	36.00	
Orange mud cake,	26cm round	~3.0kg	1 ea x 4	39.00	
Pavlova	26cm undecorated	700g	1 ea x 4	11.50	
	26cm round	700g	1 ea x 4	11.50	

Gluten Free - Finger foods					
Petit cake – fig & pistachio,	4.5cm	~35g	25 ea x 10	20.90	0.84
Petit cake – chocolate,	4.5cm	~30g	25 ea x 10	20.90	0.84
Petit cake – apricot,	4.5cm	~35g	25 ea x 10	20.90	0.84
Asst #1 petit cake – berry; choc; fig,	4.5cm	~30g	25 ea x 10	20.90	0.84
Asst #2 petit cake – apricot; apple; choc chip,	4.5cm	~30g	25 ea x 10	20.90	0.84
Chocolate brownie *cut,	3.7cm Sq	~40g	49 ea x 10	39.00	0.80
Lamington choc fingers,	3cmx5cm	~20g	40 ea x 10	36.00	0.90
Frittata bean & caramelised onion,	5cm round	~35g	36 ea x 10	29.50	0.82
Frittata capsicum & pumpkin,	5cm round	~35g	36 ea x 10	29.50	0.82
Frittata pumpkin & spinach,	5cm round	~35g	36 ea x 10	29.50	0.82
Frittata assorted,	5cm round	~35g	36 ea x 10	29.50	0.82



Gluten Free - Gourmet baked slices *uncut					
Slice baked apple crumble,	26cm Square	3kg	21 ea	30.50	1.45
Slice baked lemon luscious	26cm Square	~2.6kg	21 ea	34.00	1.62
Slice baked cheesecake,	26cm Square	~2.0kg	21 ea	34.00	1.62
Slice baked caramel,	26cm Square	~2.0kg	21 ea	36.00	1.71
Slice Sticky Date un-sauced,	26cm Square	~2.0kg	21 ea	31.00	1.48
Slice fig & pistachio,	26cm Square	~2.0kg	21 ea	36.00	1.71
Slice cherry choc coconut	26cm Square	~2.5kg	21 ea	34.00	1.62
Slice macadamia caramel	26cm Square	~2.0kg	21 ea	38.00	1.80
Slice chocolate brownie & walnut,	26cm Square	~2.0kg	21 ea	37.00	1.76
Slice Muesli Fruit n Nut,	26cm Square	~2.0kg	21 ea	36.00	1.71

Gluten Free -Desserts individual portion					
Pavlova Single Serve 9cm	9cm, round,	40g	48 ea	72.00	1.50
Pavlova Buffet 6cm,	6cm, round,	20g	75 ea	65.00	0.87
Pavlova Petit 4cm,	4cm round,	12g	25 ea x 10	152.00	0.61
Pudding sticky date	round, 100g,		32 ea x 4	62.50	1.95
Pudding rich chocolate,	round, 100g,		32 ea x 4	62.50	1.95
Tiramisu, Single serve ,	6cm high, round,	120g	16 ea x 4	44.00	2.75
Mousse Chocolate,					
Single serve,	6cm high, round,	120g	16 ea x 4	44.00	2.75
Mousse Strawberry Fruit,					
Single serve,	6cm high, round,	120g	16 ea x 4	44.00	2.75



GLUTEN FREE BAKERY MIXES

ALL PRODUCTS – BAKERY MIXES ARE GLUTEN FREE

Gluten free - Chocolate Mud Cake Mix – 15 kg box \$79.50 box

Gluten Free Wheat Free Nut Free Fructose Free Dairy Free No Trans Fat Egg Free
GMO Free No Artificial Flavour No Artificial Colour Halal Kosher

Choc Macadamia Brownies
Chocolate Mud Cake
Chocolate Orange Cake
Chocolate Date Cake
Egg and Nut Free Mud Cake

1 batch makes 30, 900 gm cakes
@ cost of \$2.65 ea



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Gluten free - Classic Bread Mix – 15 kg box \$79.50 box

Gluten Free Wheat Free Nut Free Fructose Free Dairy Free No Trans Fat Egg Free
GMO Free No Artificial Flavour No Artificial Colour Halal Kosher

White Slice Loaf
Egg Loaf (Challa Bread)
High Tin Loaf
Yeast Raised Loaf
Also look out for NEW recipes
Savoury Muffins & Crepes

1 batch makes 60 x 600 gm loaves
@ cost of \$1.33c



Gluten free - Utility Cake Mix – 15 kg box \$79.50 box

Gluten Free Wheat Free Nut Free Fructose Free Dairy Free No Trans Fat
GMO Free No Artificial Flavour No Artificial Colour Halal Kosher

Banana Cake
Carrot Cake
Apple Cake
Zucchini & Walnut Cake
Heavy Fruit Cake

1 batch makes 30, 900 gm cakes
@ cost of \$2.65 ea



Gluten free - Muffin Mix- 15 kg box \$79.50 box

Gluten Free Wheat Free Nut Free Fructose Free Dairy Free No Trans Fat
GMO Free No Artificial Flavour No Artificial Colour Halal Kosher

Apple and Pecan Muffins
Blueberry Muffins
Choc Chip Muffins
Banana Choc Chip Muffins
Egg and Nut Free Muffins
Reduced Fat Muffins
Orange and Poppy Seed Cake
Coffee Cake

1 batch makes 222, 120 gm muffins
@ cost of \$0.36c ea



Gluten free -Sponge Pound Cake Mix – 15 kg box \$79.50 box

Gluten Free Wheat Free Nut Free Fructose Free Dairy Free No Trans Fat
GMO Free No Artificial Flavour No Artificial Colour Halal Kosher

Sponge Cake
Butter Cake
Pound Cake
Continental Sponge
Strathfieldsaye Sponge

1 batch makes 45 x 600 gm cakes
@ cost of \$1.77 ea



Gluten free -Cookie Biscuit Mix – 15 kg box \$79.50 box

Gluten Free Wheat Free Nut Free Fructose Free Dairy Free No Trans Fat
GMO Free No Artificial Flavour No Artificial Colour Halal Kosher

Almond cookies
Cherry cookies
Choc Chip cookies
Choc Ginger cookies
Choc Nut cookies
Coconut cookies
Double Choc cookies
Fruit and Nut cookies
M&M cookies
Macadamia cookies

1 batch makes 375 – 80 gm cookies
@ cost of \$0.21 ea

1 batch makes 500 – 60gm cookies
@ cost of 0.16 ea



Gluten Free Plain Flour – 15 kg box \$79.50 box



Gluten free bakery Mixes

Gluten Free - Sundried Tomato & Spinach Muffins

A versatile muffin mix that can be made as per the pack or altered to create different flavours.

Add-ins: mushrooms, cheeses, olives, grated vegetables, bacon and salami.

Can be prepared dairy and egg-free

9kg carton makes 270 x 70g muffins @ 50 cents per serve or 900 mini muffins @ 16 cents per serve

Price per 9kg carton: \$118.60 (gst-free)

Chef's Pantry Order Code: MGFSDT



Gluten Free - Gourmet Vegetable Slice

A versatile vegetable slice mix that can be made as per the pack or altered to create different flavours.

Add-ins: mushrooms, cheeses, olives, grated vegetables, bacon and salami.

Can be prepared dairy-free

9kg carton makes 432 x 60g pieces @ 30 cents per serve

Price per 9kg carton: \$121.00 (gst-free)

Chef's Pantry Order Code: MGFVGS



Gluten Free - Tuscan Risotto Cakes

A sweet mild flavour. Perfect as canapés and as large cakes for meals (served with vegetables or salad).

Can be prepared dairy-free

9kg carton makes 324 x 60g cakes @ 30 cents per serve or 1,296 mini's @ 10 cents per serve

Price per 9kg carton: \$88.00 (gst-free)

Chef's Pantry Order Code: MGFTRC



Gluten Free - Choc Fudge Brownie

A delicious fudgy brownie mix. Prepare as per instructions or add extras such as Toblerone, berries, walnuts or white choc pieces.

Can be prepared dairy and egg-free

9kg carton makes 432 x 50g pieces @ 22 cents per serve

Price per 9kg carton: \$88.00 (gst-free)

Chef's Pantry Order Code: MGFCFB



Gluten Free - Gluten Free Water Crackers

Australia's FIRST gluten free water crackers. A thin but crispy water cracker. Perfect for canapé bases or cheese platters. Will not break when scooping dips.

Natural, Pepper & Chives and Poppy Seed (dairy-free)

Over 50 crackers per pack – 12 packs per carton

Price per carton of 12: \$39.00 (ex-gst)



COVERTURE CHOCOLATE MOUSSE

Couverture Chocolate Mousse 5 litre pails 8.60 per litre (120 gm = 0.86 serve)
Gluten free

After many requests we have started to manufacture a couverture chocolate mousse.

Our mousse is made with all fresh ingredients and whipped and beaten (not chained) to a perfect consistency. Rich and creamy - frozen in 5 litre pails

Order by the 5 litre pail \$8.60 per litre

(120 gram = 0.91c per serve)

